



ALPHA EVENTS MANAGEMENT LTD.

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© M-PROJECT STAR-SOUND ROOM • PATENT PENDING

# STAR-SOUND ROOM

THE PERFECT CHILL-OUT AREA FOR PEOPLE OF THE DIGITAL AGE.



**„Human ingenuity may make various inventions – but it will never devise any inventions more beautiful, nor more simple, nor more to the purpose than nature does, because in her inventions, nothing is wanted and nothing superfluous.“**

Leonardo da Vinci

Throughout history many cultures such as the ancient Egyptians, Greeks, Romans and Hindus recognized the importance of sacred geometry, colour, sound and light together with gem stones as power enhancers and a source of well being in their living spaces. People are turning more and more towards these ancient and yet most advanced systems of healing and recuperation as life has taken on a more demanding and faster pace. The strands of our DNA, the cornea of our eye, snowflakes, pine combs, flower petals, crystals, a nautilus shell, the star we spin around, the galaxy we spiral within and all life forms as we know them emerge out of timeless geometric codes.

When designing the STAR-SOUND ROOM, we looked at this architecture of nature for inspiration, combining ancient wisdom with state of the art technology. We chose the hexagon 6 as our space. The hexagon connects the points of a 6 pointed star, an earthly triangle ascending and a heavenly triangle descending, both joining in the heart center. 6 speaks of order, intelligent design, perfect structure, harmony and balance as the bees well knew when choosing the honeycomb design. Quartz crystals of the hexagonal system are used in the structure to amplify and enhance the work done. The domed ceiling creates a phenomena of resonance capable of modifying the vibratory quality of the



space inside. These frequencies permit the reactivation of our DNA with the goal of reconnecting us to our true nature. 6 is also the archetype of love, manifesting and connecting. We use an advanced system of colour harmonics, projection through mineral based crystalline lenses and sound that naturally influence the energy system. The body is bathed in sound and light, simultaneously seen, heard and felt in every cell. Symbols specially chosen to enhance well being are projected on the dome of the room and take you deeper to a state of relaxation. Edgar Cayce and the German philosopher Rudolph Steiner both predicted 'pure tones would be used for healing before the end of the 20th century'.



The STAR-SOUND ROOM is not only visually amazing but very effective. The results are waves of peace, heightened awareness, leaving you refreshed and prepared for new endeavours in the world outside.

### **THE STAR-SOUND ROOM AS A MULTI-PURPOSE SPACE**

This room can be used on a daily or weekly basis by all members of a family. It is non-evasive, gentle and safe mental recreation.

#### **It is a place**

- to awaken inner beauty.
- to stimulate vitality and create an inner glow.
- ideal for women / men who equate a sense of self empowerment to both well being and inner beauty, radiating from the inside out.
- to get clarity during a challenging time.
- to get energy before a bussiness trip and recuperation after.
- to de-stress, sleep better and wake up more refreshed.
- to get new levels of creativity.
- to initiate rejuvenation processes.
- to achieve focus before interviews or exams.
- to enhance all beauty treatments.
- to go for music lovers to enjoy music as a spectacular journey into sound.
- to simply enjoy Yourself !

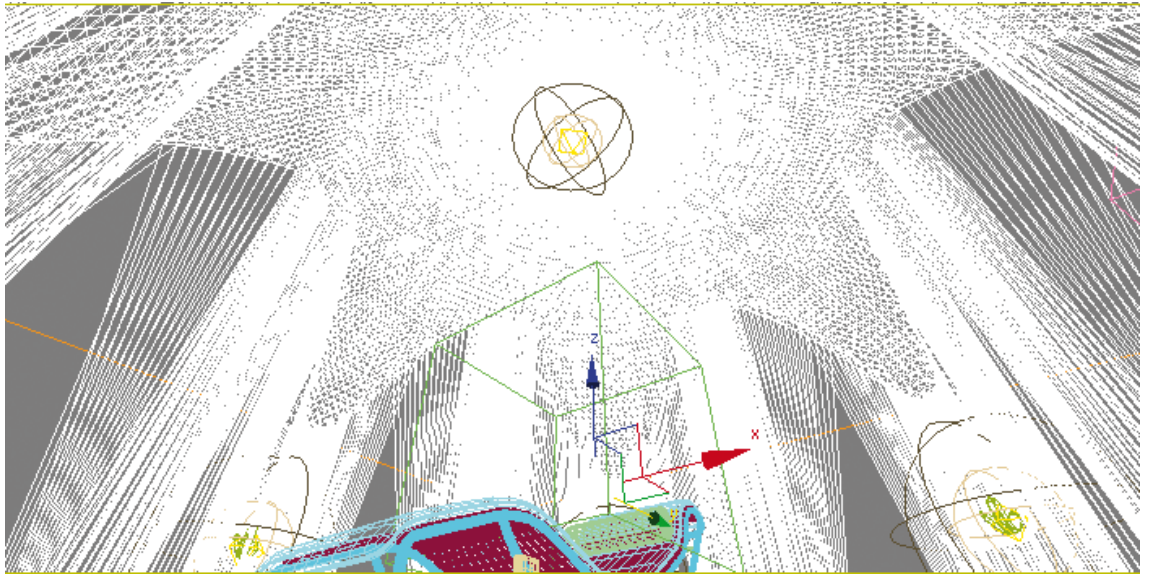


#### **The STAR-SOUND ROOM can be an ideal additon to:**

- Spas and Beauty-Centers.
- Hotels.
- Fitness-Centers.
- Companies who have the well being of their staff in mind. Therefore enhancing performance.
- Nightclubs, who would like to offer their clients a state of the art recreation space.
- Alternative Health-Centers to enhance all work done.
- Your private residence.



It can be also easily transferred into a space for creative business meetings or workshops.



## SOUND

Every organ, bone and tissue in the human body has its own separate resonant frequency. Together they make up a composite frequency, a harmonic, that is your own vibratory signature. This signature encircles the whole body with a field, the aura which can be recorded by means of Kirlian photography.

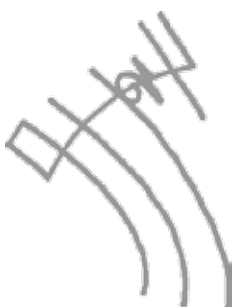
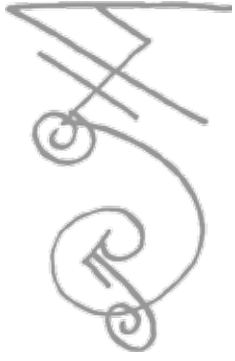
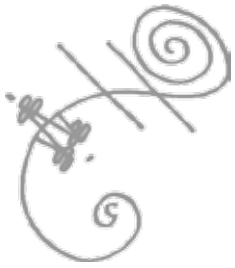
The use of sound to balance and align the human energy system known as the charkas has been part of Hindu Ayurvedic medicine for thousands of years. Like the aura, the chakras can be said to be a record of our experiences. The degree to which the chakras are activated, balanced and able to receive life force energy depends upon our will, our belief system and our emotional state.

Chakras stimulate endocrine glands which in turn secrete hormones for cell growth and maintenance and other bodily functions. If the endocrine gland does not receive enough life force energy, the result is pain and dis - ease, a message that thoughts are blocking energy.

When this dis - ease sets in, a different sound pattern is established in that part of the body which is not vibrating in harmony. It is possible to restore harmony through externally created sound, correcting the harmonic pattern just like tuning a guitar !

The brain has its own set of vibrations it uses to communicate with itself and the rest of the body. Different brain wave rates have been equated to different states of consciousness. There are four basic categories of brain waves:

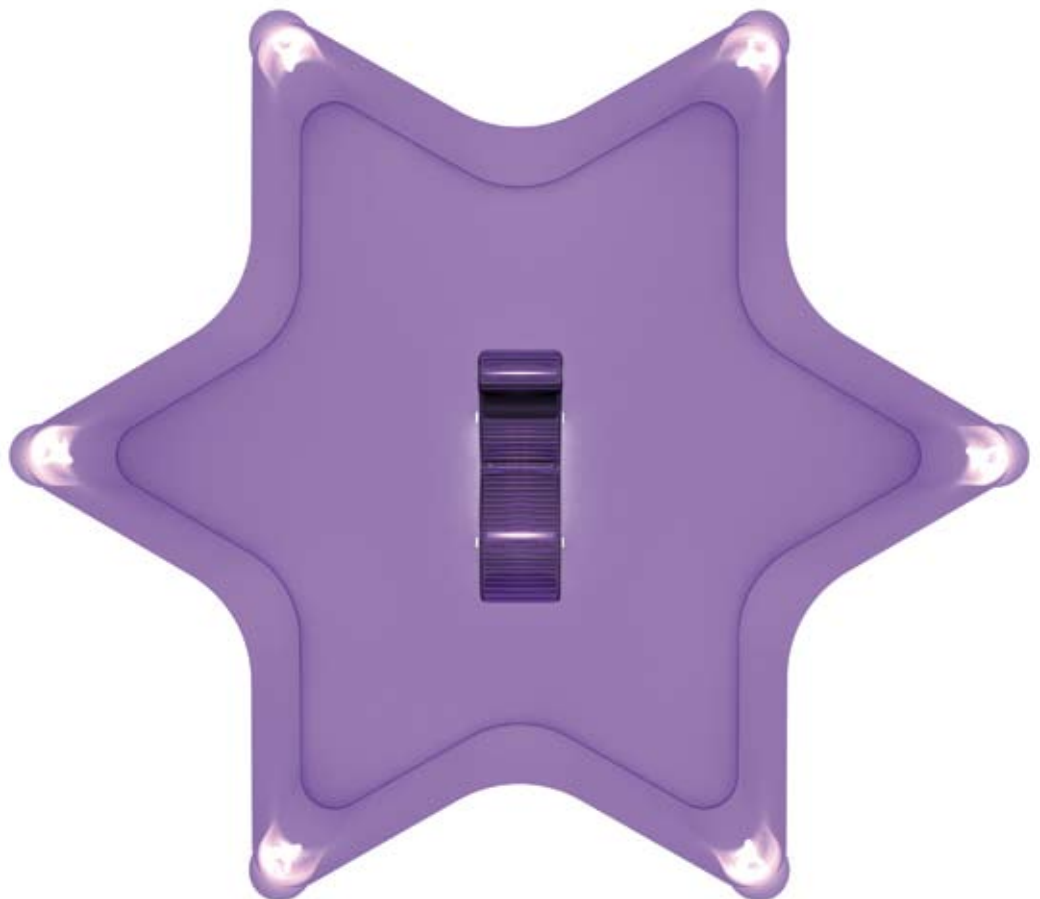
1. Beta waves, from 14 to 20Hz, which are found in our normal waking state of mind.
2. Alpha waves, from 8 to 13 Hz, which occur when we day dream or meditate.
3. Theta waves, from 4 to 7Hz, which are found in states of deep meditation and sleep. Theta meditation increases creativity, enhances learning, reduces stress and awakens intuitive skills.

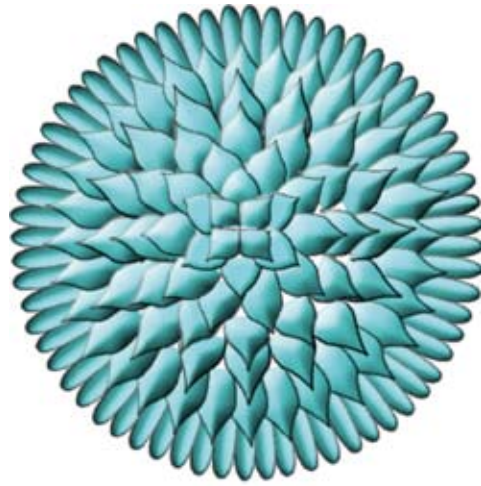


4. Delta waves, from 0.5 to 3 Hz, which occur in deep sleep and have been found in very profound states of meditation , they provide deep feelings of peace.

**In the STAR-SOUND ROOM You can experience this state of peace.**

A multi-sensory bio feedback platform is installed, allowing music or frequencies to be simultaneously seen, heard and felt in every cell of the body, resulting in a state of sensory resonance. This state of the art equipment is currently being used by professionals all over the world to enhance different approaches to healing and transformation.





## COLOURS

Light is the carrier of our colour spectrum from the life giving radiants of our sun. Each colour beam of light supports vitality and our existence. Our meridian system, invisible energy channels around the body, depends on this energy. These channels are activated by light and accessed through the aura, which is the energy field surrounding the body. Each colour is unique and influences our every move.



Green	Blue	Red
Regulates the pituitary gland, fights depression, bulimia, and other psychosomatic conditions affecting the gastric system. It is useful in calming the nervous system, fights irritability, insomnia and can be used to assist in recovery from nervous breakdowns.	Calming. Stimulates the parasympathetic system, reduces blood pressure and calms both breathing and heart-rate. It has anti-inflammatory and muscle relaxing effects. Fights both physical and mental tension and is used to assist in relaxation.	Is used to energise and stimulate. Affects the heart by increasing pulse rate, and the muscles by increasing their tension. Influences vitality, and increases body temperature. Can be used to develop excitement and sensuality.
Yellow	White	Orange
Increases neuromuscular tone. Purifies blood, helps digestion, and has a cleansing effect. Strongly stimulates happiness, brings on a sense of security, as well as a strong feeling of well-being.	Used for regeneration. Also, provides energy and balances the chronobiological rhythm, by stimulating the production of serotonin, a substance which regulates both sleep and the nervous system. Rebalances the psychophysical and hormonal systems in people who suffer from seasonal depression.	Brings joy to our work-day and strengthens our appetite for life ! Orange is the best emotional stimulant. It connects us to our senses and helps to remove inhibitions and makes us independent and socialable.



In the STAR-SOUND ROOM we use colour harmonics, which is an energy based modality. It is an advanced method of colour therapy and encompasses a dynamique and revolutionary approach to restore and maintain a correct balance of vital energy in the human energy





field. Geometric screen amplifiers are used in combination with all colours projected to the STAR-SOUND ROOM dome.

The **CROWN chakra** or HEAD chakra is positioned at the top of the head. It is associated with cosmic awareness, highest spirituality, and complete integration with Source. **VIOLET** is the color of the crown chakra and **the musical note is B – 123.47 Hz.**



The **THIRD EYE chakra** is located in the center of the forehead. It is associated with intuition, understanding, visualization and inner vision. **DARK INDIGO BLUE** is the color of the third eye chakra and **the musical note is A – 110.00 Hz.**

The **THROAT chakra** is positioned in the base of throat. It is associated with communication, expression and speaking one's truth. **AZURE BLUE** is the color of the throat chakra and **the musical note is G – 98.00 Hz.**



The **HEART chakra** is positioned in the center of the chest, usually shown to be even with the nipple line. The heart is associated with compassion, friendship, empathy and the ability to give and receive love. **GREEN** is the color of the heart chakra and **the musical note is F – 87.31 Hz.** Sometimes the heart chakra is shown as pink, especially in relation to sending love out from the heart.



The **SOLAR PLEXUS chakra** or THIRD chakra is located midway between the end of the breastbone and the navel. It is associated with issues of personal power, emotions (especially blocked emotions), passion for living, and the ability to protect oneself from being the target of negative or aggressive emotions. **YELLOW** is the color of the solar plexus chakra and **the musical note is E – 82.41 Hz.**



The **SACRAL chakra**, also called the SECOND chakra or the SEXUAL chakra, is positioned in the area between the navel and the pubic bone. Depending on which sources you read, it can be shown to be centered on the navel itself or to be aligned with the sexual organs – ovaries in women and testes in men. It is associated with creativity, sexuality, relationship and reproduction. **ORANGE** is the color of the sacral or second chakra and **the musical note is D – 73.42 Hz.**



The **ROOT chakra**, also called the FIRST or BASE chakra, is located at the base of the spine. It is associated with issues of survival, drive, ambition, grounding one's energy in the physical dimension, your life forces and balancing experiences that create „fight or flight“. **RED** is the color of the root chakra and **the musical note is C – 65.41 Hz.**

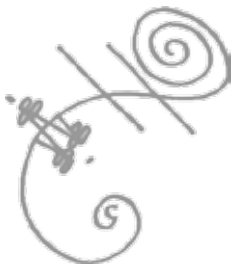


## CRYSTALS

A tuning fork sets the standard for musical notes. In the same way a quartz crystal sets the standard for the pristine natural notes of this world and the human body.

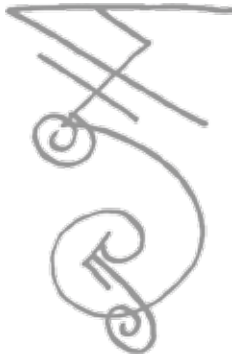
Quartz, referred to as the „ice of the gods“ by many ancients, has always been recognized as having extraordinary physical and metaphysical properties. Quartz embodies an architectural and mathematical perfection based on the Golden Proportion, Phi, just like the great pyramids. The tips of all quartz crystals are angled exactly like the great pyramid at  $360/7$  or 51.43 degrees.

The Indian sages, North Americans, Aztecs, Celts, Egyptians and many other ancient cultures used quartz crystals as they understood their subtle energies. From the complexities of quantum mechanics to the simple beauty of KIRLIAN photography, the existence of subtle energy, invisible to the five senses (like radio waves) is no longer a question.



Alternative therapists from all over the world have recognized that without restoring a person's subtle energy system, optimum health is not possible.

Quartz naturally harmonises and energizes our gross and subtle bodies. Kirlian photography has shown that holding a small, double terminated quartz doubled the photographable portion of the aura.



There are seven crystal systems, we have chosen the quartz. It has six sides and the point makes it seven. In cross section it is hexagonal, at the molecular level it is hexagonal and it is seen as hexagonal geometrized light energy.

There are seven major chakras, and seven colours in the rainbow, correspond exactly and in order to our chakra system. There are also seven musical notes and each corresponds to a tone in each chakra.



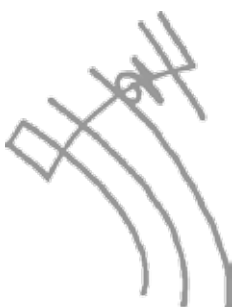
All quartz crystals have 6 primary properties. They are able to structure, store, amplify, focus, transmit and transform energy, which includes matter, thought, emotion and information.

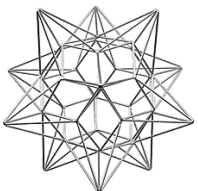
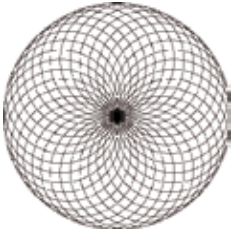
If quartz can organize energy simply by contacting it, it is not difficult to begin to understand their influence on our health and minds. At a time when the necessity of energy treatments is increasingly recognized, it is the very basis of naturopathy itself, to accept that nature did it first and best.



Crystal healing is the use of the mineral kingdom for holistic health. Holistic refers to the whole person, but this can be categorized into four main areas. Physical, emotional, mental and spiritual. These distinct but unified aspects form our experience in the same way earth, water, air and fire combine to form matter. Crystals are used in the STAR-SOUND ROOM for energy balancing and focusing healing energy into the organs, meridians and the endocrine glance. They also assist in rebalancing the chakra system.

The quartz crystals also enhance and amplify all systems used. As they are able to transfer on sort of energy to another, they are ideal to use on a stressed person and bring balance and harmony in place of the dis - eased state!





## GEOMETRY

Geometry creates structure in the universe and describes the relationships within and in-between all that exists, above and below, within our body and as imprinted in our bio-energy fields, the aura. It is activated into motion by colour energy.

**„Geometry is knowledge of the eternally existent“**

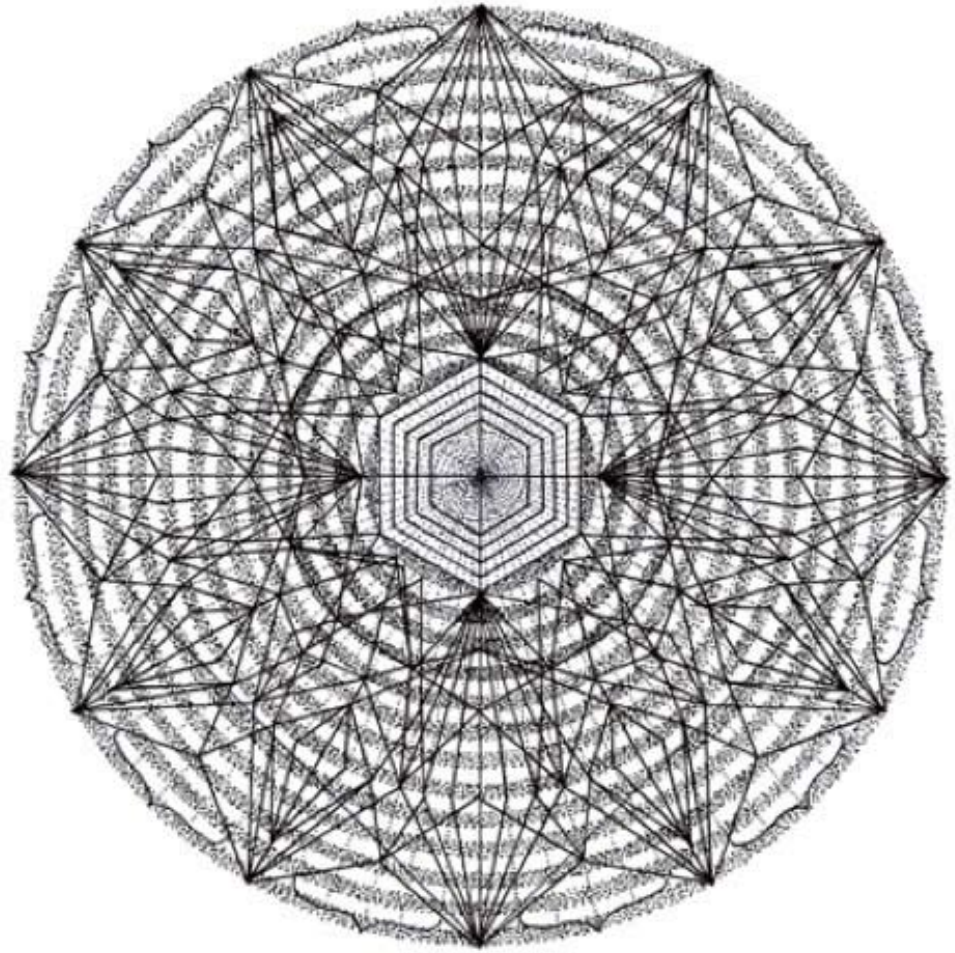
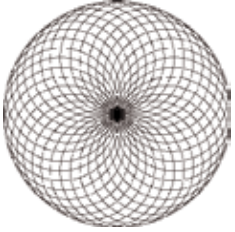
Plato

### Symbols and Mandalas

A Mandala is like a map of the mind, whose purpose as a contemplative tool aids insight into the mystery of being – awakening memories in cells. The ancients knew that these patterns were codes symbolic of our own inner realm and that the experience of sacred geometry was essential to the education of the soul. Viewing and contemplating these forms can allow us to gaze directly at the face of deep wisdom – the inner workings of the universal mind.

The sphere expands spectral and spiritual colours, it expands its boundary around a central point. There are five ways to divide a sphere from a two-dimensional form into a three dimensional form. The five divisions of the spheres are known as the platonic solids which comprise alchemical keys of the elements, creation itself. Star tetrahedron – fire, cube – earth, icosahedron – water, octahedron – air, dodecahedron – ether.

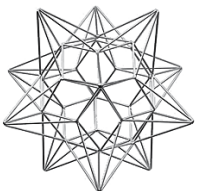
The domed ceiling of the STAR-SOUND ROOM was designed to reflect these symbols as the sphere is the simplest and most perfect form. The sphere is an ultimate expression of unity, completeness and integrity. Atoms, cells, seeds, planets and the globular star systems – all echo the spherical paradigm of total inclusion, acceptance – the macrocosm and microcosm. The dome creates a phenomena of resonance capable of modifying the vibratory quality of the space inside and outside of these shapes. These frequencies permit the reactivation of new arrangements of our D.N.A., with the goal of reconnecting us to our true nature. A whisper on one side of a parabolic domed building can easily be heard on the other because the sound is focused toward the center by its spherical shape.



By the symbolism of their form, domes are one of the practical demonstrations of the new consciousness. They correspond to the need for transformation and evolution that is emerging from the collective consciousness, respecting the necessity to align ourselves with the energies of nature.



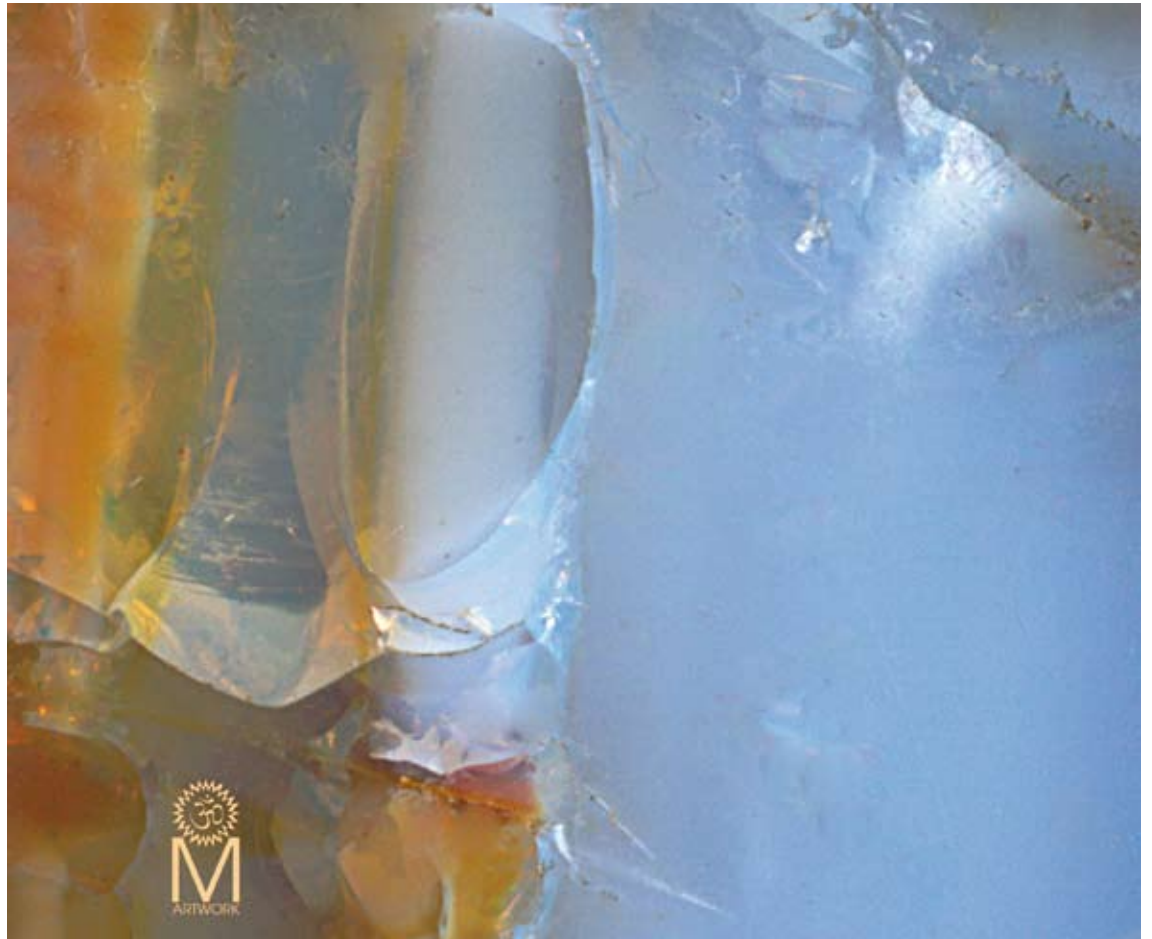
According to Frank Alper in his book *Exploring atlantis*, the atlanteans used light and colour, they built circular temples with a domed roof constructed from interlocking crystals. These crystals refracted the sunlight, filling the temple with the spectral colours. Archeologists have discovered that the Egyptian, Greek and Roman healing temples were similarly constructed. The energy-focusing ability of the dome accounts for some of its remarkable effects when used for music, sound therapy, meditation, physical healing, and spiritual upliftment.



In the STAR-SOUND ROOM geometric screen amplifiers, the Fibonacci spiral, also known as the golden means ratio is used in all protocols that use the illuminators. Our universe and each living cell is constructed by the proportion of this ratio. The dodecahedron amplifies all spectral colours for creation. It unites the geometry of crystals and patterns with the geometry of the Golden Means Ratio (PHI) found in the biology of life and in space. These cosmic shapes and platonic shapes are used in combination with colour. The sphere, pyramid, cube, star-tetrahedron, pentagram and other symbols that allow us to gaze directly at the face of deep wisdom - the inner workings of the universal mind.



## THE PERFECT SESSION



Imagine sinking into a soft comfortable couch within a magical, tranquil star shaped space designed with your well-being in mind. The translucent STAR-SOUND ROOM and its dome above.

A series of seven sequences, incorporating visuals, colours and symbols, corresponding to each of your energy systems - the chakras - are projected on the dome above, washing over you to induce deep relaxation and well-being, as your mind and your body relax into a state normally reached by meditation.

Music and sounds, with especially chosen frequencies, touch your body and are enhanced by 6 quartz crystals, strategically positioned on the six points of the star, to free your mind from the afterburn of a stressful day.

Projections will be updated on a regular basis.